Lauds Propers

Monday Week IV

4 Apr 2011

Invitatory Psalm Antiphon

Come, today, and listen to his voice: do not harden your *hearts.*

First Psalm

Psalm 90

Let the Lord's glory shine upon us

Cantor: In the morning, Lord, you fill us with your *love.*

East Choir:
Lord, you have been our **re**fuge *
from generation to *generation.*
Before the mountains **were** born, *
before earth and heaven were conceived,
from all time to all time, you are *God.*
In the morning, Lord, you fill us with your *love.*

West Choir:
You turn men in**to** dust, *
you say to them "go back, children of *men."*
A thousand years in **your** sight *
are like yesterday, that has passed;
like a short watch in the *night.*
In the morning, Lord, you fill us with your *love.*

East Choir:
When you take them away, they will be nothing but **a** dream; *
like the grass that sprouts in the mor*ning:*
in the morning it grows and **flow**ers, *
in the evening it withers and *dries.*
In the morning, Lord, you fill us with your *love.*

West Choir:
For we are made weak by your **an**ger, *
thrown into confusion by your *wrath.*
You have gazed upon our trans**gres**sions; *
the light of your face illuminates our se*crets.*
In the morning, Lord, you fill us with your *love.*

East Choir:
All our days vanish in your **an**ger, *
we use up our years in a single *breath.*
Seventy years are what **we** have, *
or eighty for the stronger *ones;*
and most of that is labour and **sad**ness – *
quickly they pass, and we are *gone.*
Who can comprehend the power of **your** wrath? *
Who can behold the violence of your an*ger?*
Teach us to reckon our days **like** this, *
so that our hearts may be led at last to wis*dom.*
In the morning, Lord, you fill us with your *love.*

West Choir: Turn to us, Lord, how long must **we** wait? *
Let your servants call on you and be an*swered.*
Fill us with your kindness in the **mor**ning, *
and we shall rejoice and be glad all the days of our *life.*
Give us joy for as long as you afflic**ted** us, *
for all the years when we suf*fered.*
In the morning, Lord, you fill us with your *love.*

East Choir: Let your servants see your **great** works, *
and let their children see your glo*ry.*
Let the glory of the Lord God be u**pon** us: *
make firm the work of your hands.
Make firm the work of your *hands.*
In the morning, Lord, you fill us with your *love.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: Lord, send your mercy and your truth to rescue us from the snares of the devil, and, happy to be known as companions of your Son, we will praise you among the peoples and proclaim you to the nations.

Full Choir: In the morning, Lord, you fill us with your *love.*

Canticle

Isaiah 42

God, the victor and saviour

Cantor: Let the praise of the Lord resound from the ends of the *earth.*

East Choir: Sing a new song to **the** Lord: *
sing his praise from the ends of the *earth.*
Praise him, who go down to **the** sea; *
and all that are in the sea,
islands and their inhabi*tants.*

West Choir: Let the desert **re**joice, *
and the cities of the desert,
the villages where the people of Kedar *live.*
Let those who dwell in Petra **re**joice, *
and cry out from the mountain-*tops.*
Let them give glory to **the** Lord, *
and proclaim his praise among the is*lands.*

East Choir: The Lord will go forth like a war**ri**or, *
like a man of war he will stir up zeal;
he will shout and cry out;
he will prevail against his *foes.*

West Choir: "I have always been **si**lent, *
I have kept silence and wai*ted;*
but now I shall cry out like a woman in **la**bour, *
I shall groan and trem*ble.*

I shall lay waste the mountains **and** hills, *
I shall wither their *grass,*
I shall turn rivers into **de**serts, *
I shall dry up the mar*shes.*

East Choir: I shall lead the blind along a way they do **not** know; *
in paths unknown to them I shall make them *walk.*
I shall make the darkness that is around them in**to** light. *
I shall make crooked things *straight."*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Full Choir: Let the praise of the Lord resound from the ends of the *earth.*

Second Psalm

Psalm 135

Praise the Lord, the wonder-worker

Cantor: Praise the name of the Lord, you who stand in the house of the *Lord.*

East Choir: Praise the name of **the** Lord: *
praise it, servants of the *Lord,*
you who stand in the house of **the** Lord, *
in the courts of the house of our *God.*
Praise the name of the Lord, you who stand in the house of the *Lord.*

West Choir: Praise the Lord, for the Lord **is** good; *
sing to his name, for it brings happi*ness.*
For the Lord chose Jacob for **his** own, *
he chose Israel for his possess*ion.*
Praise the name of the Lord, you who stand in the house of the *Lord.*

East Choir: I know how great is **the** Lord, *
how great is our God above all *gods.*
The Lord accomplishes all that **he** wills, *
in the heavens and on the earth,
in the sea and the depths of the o*ceans.*
He brings in clouds from the ends of **the** earth, *
makes lightning for the rain-clouds,
from his storehouse he calls forth the *winds.*
Praise the name of the Lord, you who stand in the house of the *Lord.*

West Choir: He struck down the first-born **of** Egypt, *
of man and of beast a*like.*
He sent signs and wonders a**mong** them, *
to Pharaoh and all his serv*ants.*
He shattered nation after **na**tion, *
killed powerful *kings:*
Sihon, king of the A**mor**ites, *
Og, the king of Bashan,
all the kingdoms of C*anaan.*
He gave their lands as a **birth**right, *

as a birthright for Israel his peo*ple.*
Praise the name of the Lord, you who stand in the house of the Lord.

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: Where two or three gather in your name, Lord, you promised to be with them and share their fellowship. Look down upon your family gathered here in your name, and graciously pour out your blessing upon us.

Full Choir: Praise the name of the Lord, you who stand in the house of the *Lord.*

Reading

Exodus 19:4-6

Lector: You yourselves have seen what I did with the Egyptians, how I carried you on eagle's wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own for all the earth is mine. I will count you a kingdom of priests, a consecrated nation.

(Silent Reflection)

Responsory

Lector: He himself will free me from the hunter's snare.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: And from evil slander.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: (all: profound bow) Glory be to the Father and to the Son and to the Holy Spirit.
Full Choir: – *He himself will free me from the hunter's snare.*

Benedictus Antiphon

There was a court official whose son was ill at Ca**per**naum, *
and hearing that Jesus had arrived in Galilee from Judaea, he went and asked him to cure his *son.*

Intercessions

Lector: *Blessed be God the Father. By his gift we offer him a sacrifice of praise on this Lenten day. Let us pray to him:*
Full Choir: – *Teach us, Lord, the ways of heaven.*
Lector: Almighty and compassionate God, give us a spirit of prayer and penitence:
make us burn with love for God and man.
Full Choir: – *Teach us, Lord, the ways of heaven.*
Lector: Let us work with you to restore all things in Christ
and spread justice and peace through all the world.
Full Choir: – *Teach us, Lord, the ways of heaven.*
Lector: Teach us the nature and value of the whole of creation:
may we be united with it as we sing your praises.
Full Choir: – *Teach us, Lord, the ways of heaven.*
Lector: Forgive us for not seeing Christ's presence in the poor, the unfortunate, in

those who suffer:
for not revering your Son in them.

Full Choir: – *Teach us, Lord, the ways of heaven.*

Prayer

Father, creator, you give the world new life by your sacraments. May we, your Church, grow in your life and continue to receive your help on earth. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.